

### Abstract

Days for Girls International aims to provide an enhanced quality of life for girls everywhere. They do this by making menstrual cycle kits for girls in underprivileged countries where these supplies are in great need. The Carthage College Chapter of Days for Girls International strives to carry out this goal and to raise awareness of global issues on our campus. Each semester, our chapter participates in two sewing days where students come together to create and assemble kits to be shipped to countries all over the world. We are a new organization, but have grown tremendously in the last year. We have partnered with the Enactus Business Organization to achieve our goals. The Carthage College Chapter of Days for Girls International continues to raise awareness and create as many kits as possible.

### What is Days for Girls?

Days for Girls International is a nonprofit organization dedicated to supplying lasting feminine hygiene products to girls worldwide. Girls often have to use whatever material they can find to use during their menstrual cycle, such as leaves, newspapers, and scraps of cloth. This can lead to infections, diseases, and ultimately, girls missing days of school and work. How can a country thrive when half its population is suffering from lack of resources?

### How it Works

Teams of volunteers in communities and campuses come together to sew and assemble kits, as well as partner with local distributors to deliver the kits to girls all around the world.

### Kit Components

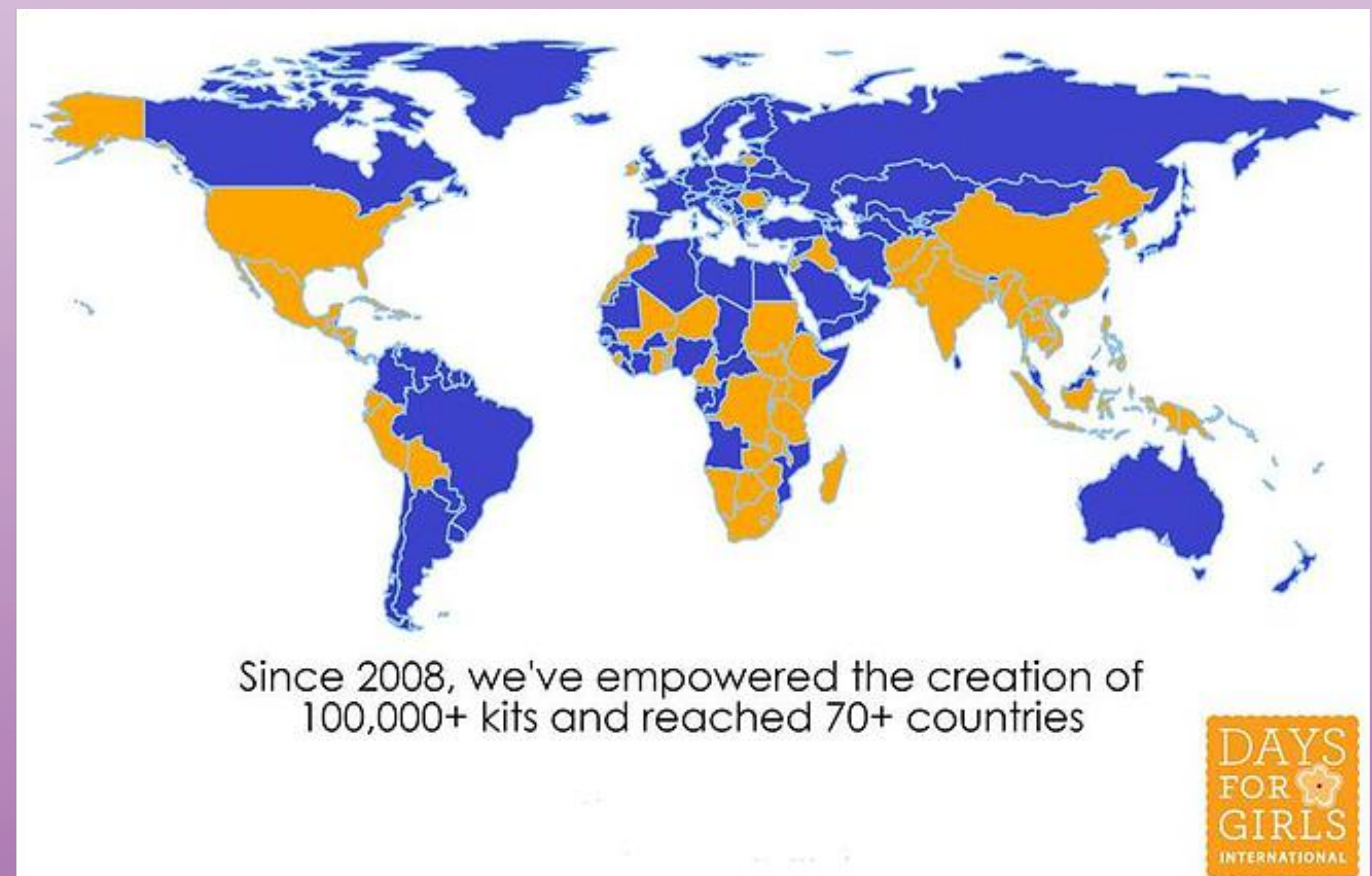
- 1 Drawstring bag
- 2 Shields
- 8 Tri-fold pads
- 1 Travel-sized soap
- 1 Washcloth
- 2 Pairs of panties
- 1 Visual instruction sheet



### A Worthy Cause

Days for Girls International strives to provide girls with feminine products to promote:

- Dignity
- Safety/hygiene
- Education
- Ending the cycle of poverty



Courtesy of [daysforgirls.org](http://daysforgirls.org).

### Acknowledgements & References

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- <http://www.daysforgirls.org>