Abstract
My project focuses on the indigenous cultures of Peruvian society and the traditions that they uphold today. It also brings awareness to the women of Perú and the machismo culture that they face daily. I discussed my subjective experience of the 2019 J-Term trip through a newspaper format along with pictures that are relevant to those days we visited. I took accounts from my daily journal that was a required assignment on this trip. My discipline for the journal focused on Women and Gender studies which included factors about social, environmental, and cultural impacts. I described the different lifestyles that the indigenous cultures have and how they are unique in their own ways. For the women of Perú, I explained the organizations we visited that promote the growth of equality whether it is through the household, workforces, and schools in the country. The purpose of my project is to bring awareness of the Peruvian culture and share how fortunate people of Western cultures are in comparison.

Personal Reflection
There are many things that people of Western societies take for granted especially in the United States. We have a lot of resources and support on our side that we often overlook. The indigenous cultures have a very simplistic lifestyle, something that most Westerners may not appreciate or even want. It was never a question whether I was going to college, finding a career without being looked down upon because I’m a woman, or even just being part of the American society without judgement from my male counterparts. The passion that these Peruvian women possess in forming a more equal country is inspiring to me. I look at my life and realize how many more opportunities I’m lucky to encounter. Of those opportunities was this trip to Perú, which I’ll forever be impacted and touched. Thank you to all of those who have changed my views of the world and made me into a better person.

Impactful Speeches from Peruvian Hearts Women.
Two homes we visited before arriving to the apartment complex, The first home students had to climb up a cliff to arrive to what looked like a mere shelter for a home. The women in the picture told the group how Peruvian Hearts has helped her. They recently provided a new refrigerator and painted her room purple. Words couldn't even begin to explain how grateful she was to the organization to the point she was in tears. This moving statement opened eyes and hearts of Carthage College. The next home had similar backgrounds and expressed her gratitude to the organization as well as the students who came to visit her. She also had her room painted and received a new refrigerator. Carthage went to the apartment to meet with more women of the organization and listened to touching stories. They then were given the tour of the apartment complex; bunk beds in one room and a couch in another for studying or having one-on-ones with the psychologist. Danny Dodson, executive director of Peruvian Hearts, stated that the organization does help but it is really the dedication and hard work that these women offer in order to succeed in their goals as Peruvian citizens.